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Newsletter: November 2025

# 8TH E-WASTE COLLECTION DRIVE BY ROTARY CLUB SHIMLA



















Rotary Club Shimla successfully conducted its 8th E-Waste Collection Drive.

A total of 212 kg of e-waste was collected from the residences of our members Senior PP Rtn. Pramod Sood and Rtn. I.D. Garg.

The collected e-waste was responsibly handed over to the authorised recycler M/S Karo Sambhav for proper environmental processing

and disposal.

This initiative is an important part of Rotary Club Shimla's ongoing efforts towards environmental conservation and sustainable practices.

Rotary Club Shimla remains committed to spreading awareness about responsible and safe e-waste management in the community.

#### KANGAROO MOTHER CARE BABY BAGS DISTRIBUTION

Running in its 5th consecutive month, Rotary Club Shimla's Kangaroo Mother Care (KMC) Baby Bags Project continues to make a meaningful impact.

Baby bags bearing the logo of Rotary Club Shimla were distributed to women labourers across the city.

The initiative aims at providing comfort to women labourers for carrying their infants in a safe and comfortable manner while at work, thereby promoting neonatal care and supporting the well-being of both mother and child.













In a compassionate initiative aimed at supporting underprivileged mothers, Kangaroo Mother Care (KMC) baby carrying bags bearing the logo of Rotary Club Shimla were distributed to 25 new mothers at the SNCU (Special Newborn Care Unit) of IGMC.

These specially designed bags have been manufactured by Rotary Club Shimla as part of a unique service project to encourage Kangaroo Mother Care and to meet the essential needs of mothers from economically weaker sections.

The recipients expressed heartfelt gratitude for this thoughtful support.

# ROTARY CLUB SHIMLA CHESS PAATHSHALA A PROJECT UNDER R.L. MANCHANDA ENDOWMENT FUND





















#### ROTARACT AND INTERACT CLUB ACTIVITIES

# Installation Ceremony of Rotaract Club at Govt. College Sanjauli and Govt. Dental College



















The Charter Installation Ceremony of the Rotaract Club of Government College, Sanjauli was held at the Rotary Town Hall, Shimla. During the ceremony, Charter President Rtr. Vineet Raunta was formally collared, and the club charter was presented, marking the official commencement of the club's journey.

The event was graced by DRR Rtr. Ritik Nagpal, Assistant Governor Rtn. Manu Aggarwal, President Rtn. Karan Bamba, and Secretary Rtn. Dr. Sundeep Sauhta. They congratulated the newly chartered club and motivated the members to uphold the Rotaract spirit of Service Above Self.

This was followed by the Installation Ceremony of the Rotaract Club of Government Dental College, Shimla. President Rtr. Priyanka Thakur was collared on the occasion. The ceremony was graced by Principal Rtn. Dr. Ashu Gupta, who appreciated the young Rotaractors for taking the initiative to serve society while pursuing their professional education.

The event concluded with a warm fellowship courtesy Rotary Club Shimla, the parent club of both Rotaract Clubs, fostering stronger bonds between Rotarians and Rotaractors in the true spirit of Unite for Good.

### ROTARACT AND INTERACT CLUB ACTIVITIES

# World Interact Week Celebrations at Dayanand Public School









Culmination of World Interact Week

As part of the World Interact Week celebrations, a week-long Cloth Collection Drive was organised by the Interact Club of Dayanand Public School.

During the drive, students enthusiastically brought leftover and unused clothes from their homes, which were collected at the school. 15 Big cartons of clothes were later handed over to Rotary Club Shimla to be stored in the Rotary Cloth Bank for further distribution among the needy.

# Digital History Project - An Assignment for all Interact Clubs

















Echoes of the Past - A Digital - History Project for Interact Clubs of Rotary Club Shimla

"Echoes of the Past," a unique digital history initiative, has been assigned to all Interact Clubs under Rotary Club Shimla.

As part of this project, participants are required to delve into the history of their respective schools and uncover lesser-known facts, stories and milestones that are not widely documented.

A review meeting for the project was held at Rotary Townhall,

where all Interact Clubs presented their preliminary research and digital content. Constructive feedback was shared with each team to help them refine and strengthen their final submissions.

The concluding presentations for "Echoes of the Past" are scheduled for the month of April.

Notably, this is the first time that a common coordinated project has been assigned to all Interact Clubs of Rotary Club Shimla, marking a significant step toward collaborative learning and youth engagement.

## E-Learning Paathshala at Sarvodya Bal Aashram







### NATIONAL CANCER AWARENESS DAY











# Cancer Awareness Campaign at Himachal Pradesh University

On the occasion of National Cancer Awareness Day, an informative and interactive awareness session was conducted with the students of the Institute of Vocational Studies, Himachal Pradesh University. The session witnessed enthusiastic participation from around 75 students.

The talk was led by Prof. Dr. Nishi Sood, who shared valuable insights on various types of cancers, their early signs, prevention, and the importance of timely diagnosis.

As part of the session, students were quizzed about the ribbons of different colours that represent various

forms of cancer. To spread awareness and express solidarity with those fighting cancer, everyone present pinned these awareness ribbons onto themselves.

Additionally, Ms. Ambika from Unfold Bharat addressed the students about the 'Pink Himachal' campaign, a movement dedicated to women's wellbeing and cancer awareness across the state.

Prof. Sonia Khan, Head of Department, appreciated the initiative and encouraged students to take forward the message of cancer awareness and early detection. The campaign encouraged students to act as changemakers by spreading awareness within their communities and promoting regular health check-ups.





# CHILDERNS DAY CELEBRATION AT PEDIATRIC WARD IGMC SHIMLA

Rotary Club Shimla celebrated Children's Day at the Pediatric Ward of IGMC with the aim of bringing smiles and joy to young patients who, due to illness, are unable to attend school or participate in Children's Day festivities. These children, despite their health challenges, welcomed us with immense warmth and cheer. To make the atmosphere more festive, the ward was beautifully decorated with colourful balloons.

Understanding that hospitalization often deprives them of moments of fun and togetherness, the Club chose to celebrate this special day with them to create some happy memories and brighten their time at the hospital. Refreshments including chips, chocolates, and fruit juices were distributed among 110 children. To keep them engaged and uplifted, colouring books and crayons were also gifted, offering them a small but meaningful source of joy during their recovery period.

The celebration was graced by MS IGMC Dr. Rahul Rao and HOD Pediatrics Dr. Praveen, whose presence added warmth and encouragement to the event.



















# ANTI DRUGS AWARENESS WALKATHON











Rotary Club Shimla, in collaboration with Himachal Pradesh Police and HFADA (Himachal Forum Against Drug Abuse), organised an impactful Anti-Chitta Awareness Walkathon today.

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The event highlighted Rotary's continued commitment towards promoting public welfare and supporting the fight against drug abuse in the community.



## **VISIT TO KANDA JAIL**

Today, IPP Rtn. Er. Saurabh Raj Sood and President Rtn. Karan Bamba were invited to Kanda Jail to attend a cultural program organised by the inmates of the jail.

The event was held in the gracious presence of Hon'ble Governor of Himachal Pradesh, Sh. Shiv Pratap Shukla. The program showcased the talents and creativity of the inmates and reflected the positive initiatives being undertaken for their rehabilitation and reformation.

Rotary Club Shimla appreciated the efforts of the prison authorities for organizing such a meaningful and motivational event.

# DENTAL CHECKUP CAMP AT GPS TUTI KANDI

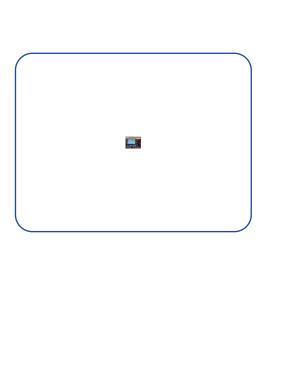














# VISITING ROTARIAN AT RTH

A visiting Rotarian to Shimla- PP Rtn. Shaan from Rotary Club of Chennai Renaissance, District 3234, met a few Rotarians from RC's of Shimla.

Club Flag of RC Shimla was exchanged and club activities of both clubs were discussed.

RC Shimla represented by Club Executive Secretary Rtn. Varun Bamba along with President RC Shimla Hill Queens and Secretary were present.

# ORGAN DONATION AWARENESS TALK













An awareness talk on organ donation was conducted today at Rotary Townhall, Shimla. The session was led by Rtn. Dr. Puneet Mahajan, along with Ms. Rameshwari and Mr. Naresh from SOTTO.

Around 25 members attended the programme. The speakers explained the process of organ donation, its benefits, and its importance in society. They also emphasized that organ donation is considered the greatest form of donation, as it has the power to save multiple lives. The process of organ donation and the pledge forms were also explained in detail to the members.

An important myth was clarified during the session — that only individuals declared brain dead can pledge their organs. The speakers highlighted that anyone can pledge their organs during their lifetime.

It was a moment of inspiration when PP Rtn. Kanwaljit Singh pledged his organs during the session, encouraging others to come forward as well.

The programme played a significant role in enhancing understanding and spreading awareness among the members about this noble cause.

## THE ROTARY FOUNDATION SEMINAR







Rotary Club Shimla has been recognised and awarded for achieving 100% Club Giving at the Rotary Foundation Seminar held in Mohali.

Adding to the honour, Assistant Governor Zone 1, Rtn. Manu Aggarwal, was also awarded as the only AG in the district whose entire Zone 1

achieved Club Giving in the form of 100% club giving from RC Shimla, RC Shimla Mid Town, RC Shimla Theog Hills, RC Rampur and a contribution of USD 100 from RC Shimla Hills Queens.

Heartiest congratulations to all members for their consistent commitment and generous contribution towards the Rotary Foundation.

### PROJECTS EXCLUSIVELY LED BY ROTARY PARTNERS

Rtn. SHALINI PRAKASH DG Partner SONAL AGGARWAL AG Partner Rtn. ANKITA BAMBA President Partner SHIVANI SAUHTA Secretary Partner

### **FULL DAY SPORTS RYLA**



















A fun-filled Full day Sports RYLA was successfully organised by the Rotary Partners of Rotary club Shimla at Government Senior Secondary School, Anadale on 10th November from 10 AM to 5 PM.

The day was packed with enthusiasm and energy as 98 children participated in a variety of activities such as the 100-metre race, spoon race, kangaroo race, three-leg race, chair race, badminton, chess and many more.

The event began with the Principal's address which beautifully highlighted the importance of sports in a child's life. Sports not only help in maintaining good physical health and stamina but also play a crucial role in developing mental strength and

emotional balance. They teach children the values of teamwork, fair play and discipline, while also encouraging leadership, determination and the ability to face challenges with confidence. Participation in sports nurtures a sense of belonging and resilience, helping children understand that both success and failure are part of growth.

Medals were awarded to the winners and RYLA certificates were given to all participants in recognition of their enthusiastic involvement. Refreshments were also served to all, adding to the joy and excitement of the day.

It was a day filled with laughter, learning, and healthy competition — a true celebration of energy, enthusiasm and togetherness.

### PROJECTS EXCLUSIVELY LED BY ROTARY PARTNERS

### THE MILK BAG PROJECT



We're pleased to share that a total of 1526 washed and dried milk bags were collected and handed over to MC Shimla today.

A big thank you to all the Rotary spouses for their continued dedication and support in keeping this eco-friendly initiative going strong.

Your small efforts together are making a big difference!

Let's keep inspiring more to join hands for a cleaner and greener Shimla.

# SNEH KI CHADAR - WOOLEN CLOTH COLLECTION

On 15th November, as per the directions of DG Partner Rtn. Shalini Prakash, woollen clothes were collected from various households by Rotary partners of Rotary club Shimla. These have been collected and kept at RTH and would be further dispatched to a given place by the district.



### PROJECTS EXCLUSIVELY LED BY ROTARY PARTNERS

# PAINTING COMPETITION ON WATER POLLUTION













Rotary partners of Rotary club Shimla organised a Painting Competition on Water Pollution today at Government Primary School, Taradevi with 40 enthusiastic participants.

The theme helped children understand how polluted water harms our health, aquatic life and the environment—and why protecting clean water is everyone's responsibility.

Mementos were given to the top three winners, and certificates to all.

# BIRTHDAY CELEBRATIONS AT SARVODYA BAL AASHRAM



# **ROTARIAN OF THE MONTH**



Rtn. Er. Raunak Goel

# DISTRICT AWARDS FOR ROTARY YEAR 2025-26

**July 2025** 



August 2025





September 2025





# BIRTHDAY & ANNIVERSARY GREETINGS

Rotary Club Shimla wishes all members who celebrated their Birthdays & Anniversaries in the Month

# Hayoyoy Birthday

Rtn. Rajan Aggarwal Rtn. Dr. Chander Shekhar Sud Rtn. Dr. Sundeep Sauhta

# Happy Anniversary

PP Rtn. Shelender Verma & Rajni Verma Rtn. Sanjay Sood & Poonam Sood

Rtn. Karan Sharma & Shuchita Vashisht

Rtn. Rajan Aggarwal & Bhavna Aggarwal

Rtn. Adv. Shilpa Sood & Atul Jhingan

PP Rtn. Manmohan Manchanda & Kiran Manchanda

Rtn. Dr. Surinder Singh & Gurmeet Kaur

Rtn. Sanjay Kakkar & Sonu Kakkar

Rtn. Atul Kuthiala & Meenakshi Kuthiala



### ROTARY KNOWLEDGE CORNER

Rotary Trivia Questions:



Question 1. What are the official colours of Rotary?

Answer Golden and royal blue.

Question 2. What does the Pink ribbon symbolise?

**Answer** Breast Cancer Awareness

Question 3. A device used to detect eary oral cancer donated by RCS

Answer Velscope

Question 4. Name one Rotary Initiative that supports education for children

Answer TEACH/ Happy schools/ Learning centres

Question 5. What was Rotary's first global humanitarian initiave related to children?

**Answer** Polio Eradication

Question 6. Which Rotary program works with school children

**Answer** Interact



## **Winners:**

PP Rtn Amit Pal Sood PP Rtn Ashish Malhotra PP Rtn Dr. Deepak Sood PP Rtn Sachin Verma Rtn Chetan Sharma

## **MEDIA COVERAGE**

## अनाडेल स्कूल में बताए शिमला। रोटरी क्लब शिमला ने प्लास्टिक के प्रभाव

राजकीय वरिष्ठ माध्यमिक विद्यालय अनाडेल में बुधवार को प्लास्टिक के

हानिकारक प्रभावों और पर्यावरण-अनुकूल विकल्पों के बारे में विद्यार्थियों को जागरूक किया। क्लब ने बच्चों को प्लास्टिक के दुष्प्रभावों के बारे में जानकारी दी। मालरोड स्थित रोटरी क्लॉथ बैंक के बारे में भी बताया। क्लब के अध्यक्ष करण बंबा ने बताया कि कार्यक्रम के दौरान विद्यार्थियों में 75 बैग वितरित किए। यह बैग रोटरी क्लब शिमला क्लॉथ बैंक (मॉल रोड) में दान किए गए बचे हुए कपड़ों से तैयार किए हैं। संवाद



अच्छी पैदावार के लिए अब बारिश का इंतजार

गेरगी क्लब शिमला ने

## तारादेवी स्कूल में दी जल संरक्षण की जानकारी

शिमला। रोटरी पार्टनर्स ऑफ रोटरी क्लब शिमला ने बुधवार को राजकीय प्राथमिक विद्यालय तारादेवीं में जल प्रदूषण विषय पर चित्रकला प्रतियोगिता का आयोजन किया। प्रतियोगिता में 40 बच्चों ने उत्साहपूर्वक भाग लिया। बच्चों को यह समझने में सहायता की कि किस प्रकार प्रदृष्टित जल हमारी सेहत, जलीय जीवों और पर्यावरण को नुकसान पहुंचाता है। प्रतियोगिता में विजेता तीन प्रतिभागियों को स्मृति चिह्न देकर प्रोत्साहित किया। इस दौरान रोटरी पार्टेनर की ओर से अंकिता बांबा, रेनु ठाकुर, निक्की, काजल, शालू और मुख्य अध्यापिका महेशवरी देवी मौजूद रहीं। संवाद

#### अनाडेल स्कूल में खेल स्पर्धा का आयोजन

शिमला। राजकीय वरिष्ठ माध्यमिक पाठशाला अनाडेल में मंगलवार को रोटरी क्लब शिमला के रोटरी पार्टनर्स की ओर से खेल स्पर्धा का आयोजन किया गया। कार्यक्रम में 98 विद्यार्थियों ने विभिन्न खेलों में हिस्सा लिया। खिलाड़ियों ने 100 मीटर दौड़, स्पून रेस, कंगारू रेस, तीन पैर वाली दौड़, कुर्सी दौड़, बैडमिंटन और शतरंज आदि में प्रतिभा का प्रदर्शन किया। कार्यक्रम के अंत में विजेताओं को पदक प्रदान किए गए। प्रधानाचार्य अमीचंद किमटा ने खेलों में भाग लेने वाले विद्यार्थियों की सराहना की। संवाद

#### विनीत और प्रियंका बने रोटरैक्टर क्लब के अध्यक्ष

शिमला। रोटरी टाउन हॉल में शनिवार को गवर्नमेंट कॉलेज संजौली और डेंटल कॉलेज शिमला के रोटरैक्ट क्लब का चार्टर इंस्टॉलेशन समारोह आयोजित किया गया। इस दौरान संजौली कॉलेज की विनीत रौंता और डेंटल कॉलेज की प्रियंका ठाकुर को कॉलर पहनाकर औपचारिक रूप से चार्टर प्रेसिडेंट रोटरैक्टर का पदभार ग्रहण करवाया गया। इसके बाद नवगठित क्लब के सदस्यों को बधाई दी। इस अवसर पर डेंटल कॉलेज की प्रधानाचार्य रोटेरियन डॉ. आशु गुप्ता, रिप्रेजेंटेटिव रोटरैक्टर रितिक नागपाल, असिस्टेंट गवर्नर मनु अग्रवाल, रोटरी क्लब शिमला के अध्यक्ष करण बंबा और सचिव रोटेरियन डॉ. सुंदीप सौठा मौजूद रहे। संवाद

#### रोटरी क्लब ने एकत्रित किया ई-वेस्ट

शिमला। रोटरी क्लब शिमला की ओर से वीरवार को 8वीं ई-वेस्ट कलेक्शन ड्राइव का आयोजन किया गया। इस इव के अंतर्गत क्लब के सदस्यों सीनियर पूर्व अध्यक्ष ड्राइन के अतगत क्लब के संपत्ना सामान है हैं रोटेरियन प्रमोद सूद और रोटेरियन आईडी गर्ग के निवास स्थानों से 212 किलोग्राम ई-वेस्ट एकत्रित किया गया। संप्रहित ई-वेस्ट को पर्यावरण के अनुकूल तरीके से निस्तारण के लिए अधिकृत रीसाइक्लर एम/एस कारो संभव को सींप दिया गया। संवाद

#### रोटरी क्लब ने जरूरतमंदों को बांटे कपड़े



आईजीएमसी में कपड़े बांटते रोटरी क्लब के सदस्य। स्रोतः संस्था

शिमला। रोटरी क्लब शिमला की ओर से मंगलवार को आईजीएमसी स्थित लंगर हॉल के बाहर जरूरतमंद लोगों को कपड़े बांटे गए। इस दौरान बलब के सदस्यों ने रोटरी क्लॉथ बैंक से प्राप्त चार बड़े कॉटन कपडों का वितरण किया। रोटरी क्लब शिमला के अध्यक्ष करण बंबा ने बताया कि इस पहल के माध्यम से रोटरी क्लब शिमला ने समाज के कमजोर वर्गों की सहायता की दिशा में एक और सराहनीय कदम उठाने का प्रयास किया है। संवाद

# ट्यज डायरी

### रोटरी क्लब शिमला ने बांटे बैग

शिमला। रोटरी क्लब शिमला ने मंगलवार को आईजीएमसी के एसएनसीय (स्पेशल न्यू बॉर्न केयर यूनिट) में 25 नवजात शिशुओं की माताओं को कंगारू मदर केयर (केएमसी) बेबी कैरिंग बैग बांटे। यह विशेष पहल रोटरी क्लब शिमला ने जरूरतमंद एवं आर्थिक रूप से कमजोर माताओं की सहायता के उद्देश्य से शुरू की गई है। रोटरी क्लब शिमला एमएस आईजीएमसी डॉ. राहल राव और वार्ड सिस्टर्स का सहयोग के लिए अभार व्यक्त किया। इस अवसर पर क्लब के अध्यक्ष करण बाम्बा और रोटेरियन करण शर्मा उपस्थित रहे। संवाद

#### अमर उजाला

### न्द्र ज इायरी

रोटरी क्लब ने सभा को भेंट किया स्टेचर



रोटरी क्लब शिमला के सदस्य गुरुद्वारे में स्ट्रेचर भेंट करते हुए। बोत : क्ल

शिमला। रोटरो क्लब शिमला की ओर से सामुदायिक सेवा एवं स्वास्थ्य सहयोग के तहत गुरुद्वारा सिंह सभा शिमला को एक स्ट्रेचर भेट किया। यह स्ट्रेचर आपातकालीन परिस्थितियों एवं सेवा कार्यों के दौरान जरूरतमंद पर एंड पे जानतिकाला ने पारस्थाति एवं सचा कार्य के दीवन जरूरतान होगी की सहावता के लिए उपयोग किया जाएगा। गुरुहार सिंह सभ्मा समिति के अध्यक्ष सरदार गुर्खेबर सिंह ने इसके लिए क्लब का आभार जताया और कहा कि यह सहयोग गुरुहारा की चल रही सेवा एवं सहायता गतिविधियों को और सशक्त बनाएगा। इस अवसर रोटरी क्लब शिमला के अध्यक्ष करण बंबा, पूर्व अध्यक्ष आशीष मल्होत्रा, करण शर्मा और सचिव डॉ. सुंदीप साठधा मौजूद रहे। संवाद

### ज्य**ा** डायरी

रोटरी क्लब ने एकत्रित किया ई-वेस्ट



रोटरी क्लब के सदस्य ई-वेस्ट एकत्रित करते हुए। संतः क्लब

शिमला। रोटरी क्लब शिमला ने पर्यावरण संरक्षण की दिशा में महत्वपूर्ण कदम उठाते हुए इलेक्ट्रॉनिक्स के स्थानीय विक्रेताओं से 290.58 किलोग्राम ई-वेस्ट एकत्र किया। विक्रेताओं ने रोटरी क्लब से संपर्क किया था ताकि अपने स्टोर में वर्षों से जमा पड़े ई-बेस्ट का उचित निपटान किया जा सके। रोटरी करन के अध्यक्ष करण बंबा ने बताया कि संवरीत ई-वंस्ट को रीसाइकिल के लिए अधिकृत संस्था को साँपा जाता है। इस अवसर पर रोटरी क्लब शिमला के सदस्य संजय कककड़ और करण शर्मा मीजद रहे। संवाद

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